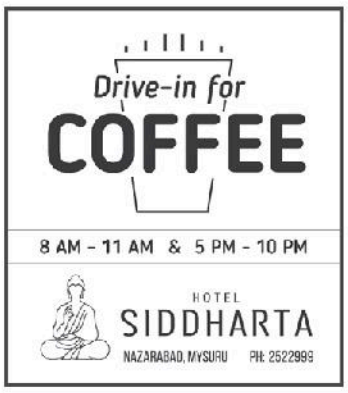

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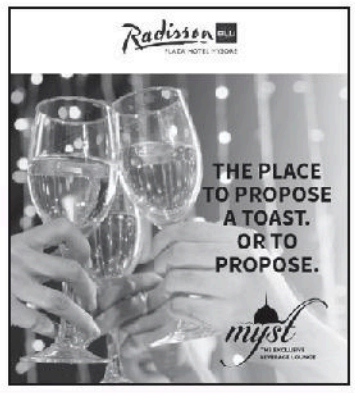


October 15, 2023 Dasara: Meeting held at Palace Board

Programme details to be presented to CM Siddharamaiah at High-Power Committee meeting in Bengaluru

Mysuru, July 6 (BLU&BCT)- A preliminary Dasara meeting that was held this morning at the office of the Mysuru Palace Board has set the agenda for the 2023 Dasara celebrations.

The meeting was chaired by Deputy Commissioner Dr. K.V. Rajendra and comprised City Police Commissioner Ramesh Banoth, Superintendent of Police Seema Latkar, Zilla Panchayat CEO K.M. Gayathri, Mysuru City Corporation Commissioner G. Lakshmikantha Reddy and Palace Board Deputy Director T.S. Subramanya.

The meeting was called to discuss the preparations for Dasara 2023 and served as a preliminary discussion before the Dasara High Power Committee meeting, scheduled to be chaired by Chief Minister Siddharamaiah in Bengaluru. The High-Power Committee

meeting will be held at Vidhana Soudha after the ongoing Assembly session.

This year, the festival will be celebrated from Oct. 15 to Oct. 24 and the grand finale of the festival will be marked by Vijayadashami on Oct. 24. Navarathri celebrations will start from Oct. 15 (Sunday), Ayudha Pooja on Oct. 23 (Monday) and Vijayadashami on Oct. 24 (Tuesday).

Today's meeting discussed the agenda for the celebrations and the Deputy Commissioner directed the officers to make a detailed presentation on the festivities, its essential components, public festival, exhibitions, Palace festival, dates of inauguration and the VIPs who will participate in the celebrations and the inauguration guest.

The High-Power Committee will discuss the modalities and forms of celebrations along with the regular and traditional practices at the Mysore Palace that have been in force since centuries. The meeting will also finalise on the timings of Dasara inauguration, procession, *Nandi Dhwaja puja* and *Pushpaaarchane* and *Jumboo Savari* timings.

Elephant team

During today's meeting, officials noted that the Dasara elephants have to be brought to the city three months in advance. Normally, 12 elephants are sourced from various elephant camps and the mahouts, kavadis and their families are accommodated in more than 50 sheds within the Mysore Palace premises.

The elephants undergo training and receive nutritious food to enhance their weight and strength. Traditionally, around 250 to 300 family members and relatives of the elephant keepers reside in the sheds inside the Palace.

The DC asked officials to prepare the minutes of this meeting and present them at the upcoming Dasara High Power Committee meeting. The final decisions regarding the celebration's arrangements, budget and other aspects like the festival's organisation, budget, development projects and the scale of the celebrations will be made during the meeting with the CM.

After the High-Power Committee meeting in the State capital, a meeting with the elected representatives of Mysuru, Mysuru City Corporation (MCC), Mysuru Urban Development Authority (MUDA) and allied Departments will be held in Mysuru to work out the finer details of the celebrations and implement the decisions taken by the High-Power Committee.

'Open Day' at CFTRI

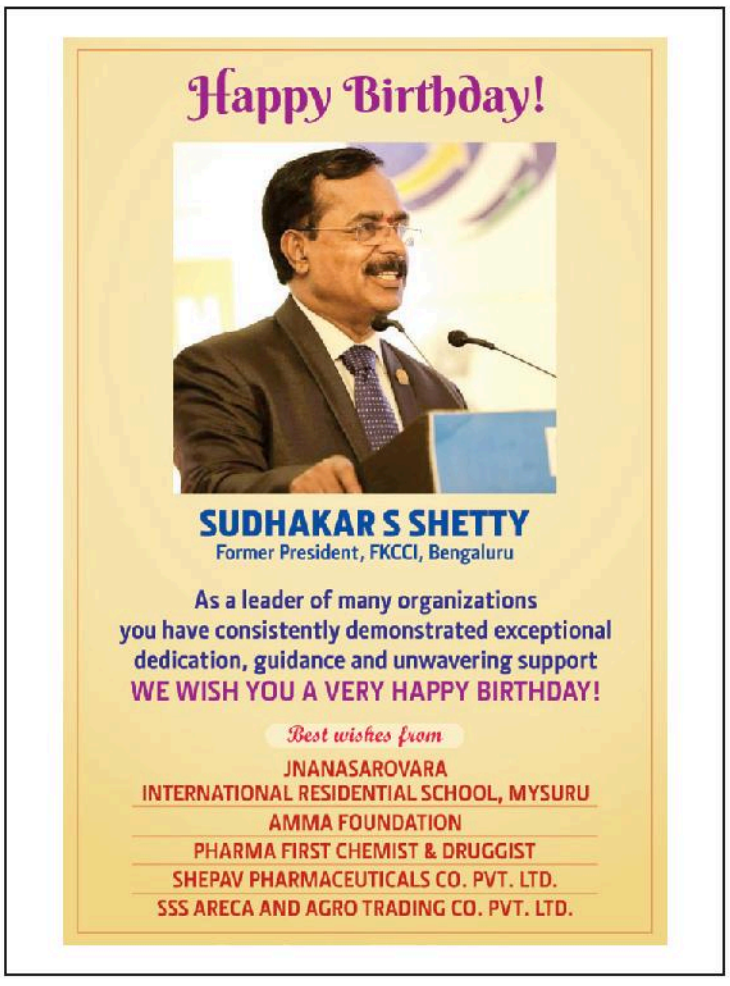
Students, public throng counters; hand-operated jowar roti-making machine a big attraction

Mysuru, July 6 (RK&BS)- The two-day 'Open Day' organised as part of the 'One Week One Lab' (OWOL) programme of CSIR-Central Food Technological Research Institute (CFTRI) began in city this morning, with students from various schools and colleges making a beeline to catch a glimpse of the latest food technologies.

The visit is scheduled from 10 am to 4 pm, with the 'Open Day' concluding tomorrow (July 7). A hand-operated jowar roti-making machine that can produce 250 rotis per hour was the cynosure of all eyes along with chapati and dosa-making machines kept on display at various departments in the main building of CFTRI in Cheluvamba Mansion on KRS Road.

The entry to students and the general public was through the gate opposite Akashvani. The students and visitors also had the privilege of tasting freshly dished-out dosas. The Mobile Millet Processing Unit was also stationed on the premises for the visitors to take a look into the facility.

(See CFTRI on page 7)


Happy Birthday!
SUDHAKAR S SHETTY
Former President, FKCCI, Bengaluru
As a leader of many organizations
you have consistently demonstrated exceptional
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WE WISH YOU A VERY HAPPY BIRTHDAY!
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STAR OF MYSORE

"We believe comment is free, but facts are sacred."

Editor: M. GOVINDE GOWDA, M.A.

Mysuru, Thursday 6th July 2023

Psyquest: National-level Workshop tomorrow

Mysuru, July 6- 'Psyquest,' a one-day National-level Workshop on 'Healthy Mind for Young Adults' has been organised by the Department of Psychology, Christ College, Mysuru, at the College premises on H.D. Kote Road here tomorrow (July 7).

The workshop will be inaugurated at 9.30 am and it will be followed by two sessions on 'Promoting wellness among young adults' and 'Building psychological competence among young adults.'

'Impression,' a Poster Making Competition and 'Spectora,' a short-film competition have been organised on this occasion.

Dr. K.V. Kishore Kumar, Director, The Banyan, Chennai and Consultant Psychiatrist, will be the resource person. Rev. Dr. Jinto Jose, Principal, Christst College, will preside, according to a press release.

EDITOR'S BOTTOMLINE

Wise men advise us to move on after unloading the baggage of the past. Yet, is it that easy to shed one's old skin and sport a fresh one? Even if one consciously tries to block out the past, it remains embedded in one's DNA. After all, what we are today is the sum total of all our life's experiences. To some degree, all humans are victims of trauma. The process of birth itself is regarded as a kind of trauma. People who have experienced severe trauma often end up with strong negative imprints such as neurotic suspicion, indecisiveness, overdependence, et al.

Metaphysicians believe that human life hasn't been bestowed on us by default. Humans arrive on earth to experience and fulfil a very specific life purpose. Interestingly, our negative imprints can help us identify our life purpose.

For example, if someone identifies "betrayal" as their negative imprint, they may realise that being "trustworthy" is their life purpose. However, it isn't mandatory that the exact antonym of our negative imprint be our life purpose. Someone who has experienced betrayal may also identify "self-reliance" as their life purpose. Recognising one's life purpose may be a subjective process.

Ria, my friend, and I had an involved conversation regarding imprints. Ria had delved deep and discovered that her negative imprint is "repression." As a '90s child, she had been at the mercy of controlling authorities, who constantly told her how to behave, react, feel, and think. With Indian society and systems generally being myopic, she felt that her attempts at self-expression were viewed as rebellion and disobedience, which were to be dealt with, with the harshest possible punitive measures. Having been a slave to rigid rules for a long time, Ria eventually found it difficult to adjust to the arbitrariness of the real world.

At about 20, Ria was plunged into severe psychological chaos. After several years of navigating the turbulent seas, Ria discovered her life purpose: free, unbridled creativity. She threw herself into art, writing, and every conceivable form of self-expression. "I wouldn't say that these measures have fully abated my 'internal storm," Ria confided, "but I can safely claim that I am now living a life closest to my value system."

Perhaps this is what they call liberation.

—Lasya Shashimohan in Deccan Herald

NEWS SPARKLERS

Startup's flying car cleared for takeoff

California: A California start-up announced its prototype flying car has been cleared for takeoff by the Federal Aviation Administration (FAA).

Alef Aeronautics said its "Model A" is the first flying vehicle that can drive on public roads and park like an average car to receive clearance for flight by the FAA.

The FAA confirmed the vehicle was given a special airworthiness certificate for purposes including research, development and exhibition.

The agency said the vehicle is not the first of its kind to be issued such a certificate, but Alef said the Model A is distinguished by being the only VTOL - vehicle takeoff and landing aircraft - to be able to drive and park like a normal car.

'Troll Apartment' sells for 430,000 dollars

California: A California home dubbed the "Troll Apartment" because of its position in the middle of a Los Angeles County bridge sold for $430,000 — $180,000 over its asking price.

The listing for the Alhambra house went viral online due to its unique position beneath the road and over the arch of a bridge overlooking the Alhambra wash.

The house, built in 1949, was listed for $250,000, but listing agent Douglas Lee said a bidding war ensued and the home ended up selling for $430,000.

The house features a "rooftop patio," a fenced-in area adjacent to the street that runs over the bridge.

"There's a lot of just unique interest. And instead of it being off-putting to people, it's actually come off as very unique and cool," Lee said and added that the previous owner ended up only using the property for storage.

HEALTH CAPSULE

Thyroid problems cause decreased fertility, increased risk of abortions, affects baby's growth and development. Get your thyroid hormone levels checked before planning pregnancy.

By Dr. Amulya K.G, Consultant - Obstetrics and Gynecology Manipal Hospital, Mysore

manipalhospitals
LIFE'S ON

** Health Capsule is not intended to be of a diagnostic nature*

Founders' Day celebrated at NPSI, Mysore

Mysuru, July 6- NPS International School, Mysore, stepped into its 11th year after completing a glorious decade since its inception on June 14, 2013.

Founders' Day was celebrated on June 14, 2023 with great pomp and blessings of Dr. K.P. Gopalkrishna, Founder-Chairman, TISB, NAFL and NPS Group of Institutions and Dr. Santhamma Gopalkrishna, Co-Founder and Dean, TISB, NAFL and NPS Group of Institutions.

Dr. Bindu Hari, Director of TISB and Vice-Chairperson of TISB, NAFL and NPS Education Institutions and Shanta Chandran, mentor Principal of NPS Group of Schools, attended the event.

Year Book 'Silhouette 2023 - A Decade of Dedication' released

Students presented live art, fusion music and dance. Reflections of the glorious decade was showcased through a video.

Principal Akhila Dinesh expressed gratitude to the Founders. Dr. Bindu Hari emphasised on the vision and mission of the School. On the occasion, School's Year Book, *Silhouette 2023 - A Decade of Dedication* was released.

REALLY...?

- ***The average four-year-old child asks over four hundred questions a day.***
- ***Humans shed 40 pounds of skin in their lifetime, completely replacing their outer skin every month.***

LAUGHTER THE BEST MEDICINE

*Q: **Why do sharks swim in saltwater?***

*A: **Because pepper water makes them sneeze!***

TODAY'S CURRENCY RATE

1 US Dollar	= Rs. 82.42
1 UK Pound	= Rs. 104.72
1 UAE Dirham	= Rs. 22.44
1 Euro	= Rs. 89.38

VOICE OF THE READER

Vehicles without number plate

What are RTO and Police doing?

Sir,

A pressing issue was raised by a concerned citizen in a recent letter in *SOM* regarding the alarming number of two-wheelers operating without number plates in Mysuru city. This issue is further compounded by the observation that these riders often engage in dangerous activities such as wheeling on busy roads without helmets.

Regrettably, I must report that today I personally witnessed a Toyota car running on the roads without a number plate. It is disconcerting to note that our Traffic Police and Regional Transport Office (RTO) officials seem to focus their efforts solely on addressing helmetless driving, driving under the influence of alcohol, and vehicles lacking proper emission testing, while turning a blind eye to the more critical issue of vehicles operating without number plates.

The presence of vehicles without number plates poses a significant risk to public safety, as they can easily engage in criminal activities and evade identification. It is baffling to comprehend the lack of action from the RTO and Police in this matter.

The safety and security of our city's residents should be of utmost concern to the authorities. Let the RTO and Police demonstrate their commitment to upholding the law by taking immediate steps to address the issue of vehicles without number plates.

—Siddaiah Balachandran
Mysuru
2.7.2023

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New team for Rotary Ivory City installed

The new team for Rotary Ivory City Mysuru for the year 2023-24 was installed at a ceremony organised at Hotel Southern Star on Hunsur Road in city yesterday. Seen are** (standing from left) **Rtn. Ananth Nagraj (Director - International Service), Rtn. R. Balachandar (Treasurer), Rtn. Pushpa Kanchan (Sergeant-at-Arms), Rtn. Then Perumal (Director - Youth Service), Rtn. Latha Sachi (Director - Community Service), Rtn. Shobha Nagaraj (Director - Vocational Service), Rtn. Pooja Baliga (Vice-President), Rtn. Iftekhar Ahmed (Director - Club Services) and Rtn. K. Sashidhara (President-Elect 2024-25);** Sitting from left: **Assistant Governor Rtn. Anand, Rtn. PHF Shabana Iftekhar (Hon. Secretary), Rtn. PHF T.H. Sanjay Urs (President), ARRFC for RI Dist. 3170 and 3181 Rtn. PDG K. Krishna Shetty (Installation Officer), Rtn. M.N. Ramesh (Immediate Past President), former Hon. Secretary Rtn. PHF R. Muthukumaran and Rtn. B. Harish. Well-known Paediatrician Hon. Rtn. Dr. U.G. Shenoy was felicitated and retired University of Mysore (UoM) Professor Dr. S.N. Hegde was presented with 'Margadarshak' award on the occasion.

Pratibha Puraskar for meritorious students

Mysuru, July 6- Lingayat Gowda Mahasabha, Karnataka, has invited applications from meritorious Lingayat community students of Mysuru district who have secured above 90% marks in SSLC and PUC to present Pratibha Puraskar.

The Pratibha Puraskar will be presented during the 'Guru Vandana' programme for Kudala Sangama Sri Peetha Seer Sri Basavajaya Mrutyunjaya Swamiji to be organised at Sri Nataraja auditorium in Sri Hosmutt at 4 pm on July 11. For details, contact Mob: 96862-05346, according to a press release.

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A200d	Iridium silver	2023	1650	Unregistered
A200d	Cosmos Black	2023	1032	Unregistered
GLA220d	Mountain Grey	2023	4931	Unregistered
GLB200	Cosmos Black	2021	5057	Unregistered
GLE300d4M	Obsidian Black	2022	9155	Unregistered
C220d	Mojave Silver	2022	1363	Unregistered
C200	Selenite Grey	2022	2719	Unregistered
C 200	Cavansite Blue	2022	2646	Unregistered
C 300d	Cavansite Blue	2023	2586	Unregistered
C 220d	Opalite White Bright	2022	4086	Unregistered
C220d	Opalith White	2022	2026	Unregistered
E220d	Polar White	2022	5574	Unregistered
EQS580	Diamond White	2022	7495	Unregistered
GLC220d4M	Silver	2022	37	Unregistered
EQC400	White	2022	11740	Registered
C220d	Cavansite Blue	2018	87339	Registered
A35 AMG	Black	2022	667	Registered

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NEWS BRIEFS

Ayurveda camps

JSS Ayurveda Hospital, Mysuru, is conducting a Medical Camp for multiple joint pain from July 6 to 13 at its premises on Lalithadripura Road in city. People with rheumatoid arthritis, multiple joint pain/ knee joint pain with swelling and joint stiffness may contact Mob: 95383-67282 or Ph: 0821-2548231 or 2548433. Also, the Hospital is holding a diabetic foot ulcer camp from July 6 to 13 between 9.30 am and 4.30 pm. For details, call Mob: 94499-72788 or Ph: 0821-2548231.

Admission to BVA

Chamarajendra Government College of Visual Arts (CAVA), Mysuru, has invited applications for BVA (Bachelor of Visual Arts) course in Painting, Sculpture, Graphics, Applied Arts, Art History and Photography & Photo Journalism for the academic year 2023-24. This is a four year (eight semester) course and eligible candidates may apply online through uucms.karnataka.gov.in OR cavamysore.karnataka.gov.in; Last date to apply online is July 13 (by 10.30 am) and Entrance Eligibility Test will be held on July 13 starting at 11 am. For details, contact Ph: 0821-2438931.

Ph.D awardee

The University of Mysore (UoM) has awarded Ph.D in Biochemistry to M.R. Smruthi for her thesis 'Nano-Delivery System of Narigenin Using Biopolymers for Enchanced Bioavailability and its Anti-Depressant Activity,' submitted under the guidance of Dr. N. Illaiyaraja.

WATER LEVEL

KRS DAM

Maximum	:	124.80	feet
Today	:	78.78	feet
Yesterday	:	78.56	feet
Inflow	:	1,444	cusecs
Outflow	:	311	cusecs

KABINI DAM

Maximum	:	2,284.00	feet
Today	:	2,256.69	feet
Inflow	:	10,781	cusecs
Outflow	:	Nil	cusecs

HARANGI DAM

Maximum	:	2,859.00	feet
Today	:	2,826.48	feet
Inflow	:	1,557	cusecs
Outflow	:	50	cusecs

'Trin Trin' relaunch with battery power for commuting ease

Mysuru, July 6 (PM&BS)- Soon, Mysuru City Corporation (MCC) will be reintroducing the 'Trin Trin' Public Bicycle Sharing System with the introduction of high-tech Pedal Assist Bicycles. The Civic Body is making all necessary preparations for this initiative.

The new bicycles will come with advanced features such as a keyless unlocking system through a mobile application and Bluetooth-based utilisation, which has generated significant interest among potential subscribers.

The MCC will collaborate with the Directorate of Urban Land Transport and the tender for implementing the new system has been awarded to Greenpedia Bike Share Private Limited, based in Ahmedabad, Gujarat. The company has already established its office and workshop on Adichunchanagiri Road in Aravinda Nagar.

Yashwanth, Manager of the My Bike workshop.

Effortless cycling with reduced effort

Initially, the service will operate under the brand name 'My Bike,' offering 500 bicycles and 46 docking stations. All bicycles will be equipped with batteries that assist in pedalling through the power of an electrically charged motor. This feature, technically known as 'Pedal Assist,' emphasises effortless cycling with reduced effort.

Those interested in the service can enrol through the dedicated 'My Bike' app, available for download from the app store. Access to the app will only be granted after the service is relaunched.

Yashwanth, Manager of the My Bike workshop, mentioned that each bicycle will have a unique code, allowing subscribers to select their preferred bicycle by entering the code in the app. Subscribers must pay a registration fee to utilise the facility, and in the future, a smart-card facility is also planned to be introduced.

Health, commute and turbo

The distance covered during a ride depends on the battery capacity, which can be calculated. The bicycles are equipped with headlights for night riding. Three riding modes will be available: health, commute and turbo.

Users can select their desired mode through the app, with 'health mode' requiring more physical effort, 'commute mode' requiring minimal pedalling as the battery power assists and 'turbo mode' providing maximum power for a smoother ride without the need for the cyclist to expend energy.

When fully charged, the cycle can cover up to 50 kms, with monitoring based on technology. The battery will be recharged at dedicated panels. The bicycles feature a mobile phone holder and frame-mounted baskets at the front for carrying takeaways. The seat height can also be adjusted to accommodate users of different heights.

What about security deposit?

MCC Commissioner G. Lakshmikantha Reddy confirmed that the work order has been issued for the reintroduction of 'Trin Trin', and the inauguration will take place after the ongoing Assembly session.

A decision will be made regarding existing subscribers, whether to return their security deposit or transfer the amount to the new system.

If the old software is compatible with the new system, the transfer of membership and security deposit will be straightforward. Otherwise, the security deposit will be refunded.

Additionally, a work order has been issued to construct a separate synthetic track for bicycle users. The contractor was supposed to commence work on an 8.5-km track in the first phase, but the work is yet to begin.

A notice has been issued to the contractor warning of the cancellation of the tender if work is not initiated promptly.

Members of the 'Trin Trin' system, such as S.T. Rajendra, have expressed concerns about the delay in relaunching the service. Existing members are awaiting updates, as the service provider possesses all their contact information, including addresses and phone numbers.

Samvahana Trust to hold Literary interaction on July 30

D.N. Lokappa

Mysuru, July 6- City's Samvahana Trust, which is into literary, cultural and intellectual programmes for over a decade, will be conducting an interaction on the topic 'Badalaaguttiruva Sahityada Vidyamaanagalu' (The changing face of Literature) as part of the series titled 'Vidyamana,' at 11 am on July 30. Noted writer Prof. Purushotham Bilimale will deliver a lecture and hold interaction.

Samvahana Trust, which was established in 2009, has been serving the society through various literary programmes, during which several senior writers have been honoured. The Trust has been conducting a unique contest — 'Pustaka Odi Bahumaana Gelli' (read books and win a prize) — in order to attract students towards reading.

The Trust has also brought many writers and poets to light through its 'Mathana Mantapa' lecture series. This apart, the Trust has promoted young writers by instituting 'Samvahana Yuva Lekhaka' award. But the programmes were temporarily stopped for the past three years due to COVID pandemic and other reasons. It has now been decided to revive the Trust's activities.

Trust revamped

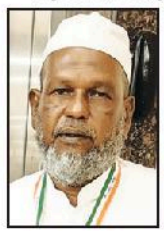
Meanwhile, Samvahana Trust has been revamped with the inclusion of new members on Board.

The new Office-bearers are: Dr. Ramegowda (RaGow) - Honorary President, D.N. Lokappa - President, Prof. Morabada Mallikarjuna- Vice-President, Jinahalli M. Siddalingappa - Secretary and Prof. M. Nataraj - Treasurer.

Trustees: Dr. H.S. Rudresh, Prof. Chandrashekaraiah, Prof. Prabhuswamy, Dr. H.T. Shailaja, Dr. M.L. Rajendraprasad, H.M. Nagabushan, Dr. Mahendramurthy and Omkarappa.

Obituary

Mohammed Hussain



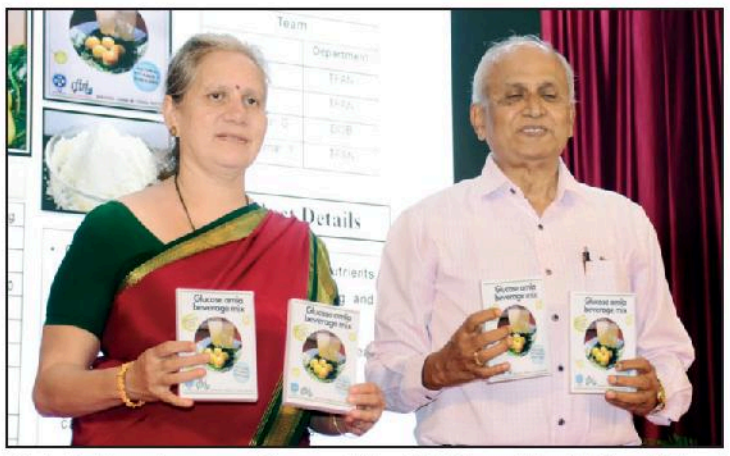
Mysuru, July 6 - Mohammed Hussain (Aleem), a resident of Rajivnagar, passed away after performing Haj at Madina yesterday. He was 58. He leaves behind his wife, one son, daughter-in-law, one daughter, son-in-law and a host of relatives and friends. Burial was held at Madina.

Arun Kumar Singh

Arun Kumar Singh (67), a resident of St. Mary's Road in N.R. Mohalla, passed away following brief illness at his residence yesterday.

He leaves behind his brother Ashok Singh, sister-in-law Dorothy Singh, nephews Michael and Matthew and a host of relatives and friends. Last rites were held at the foot of Chamundi Hill yesterday afternoon.

CFTRI launches amla beverage with glucose



Chindi Vasudevappa, former VC of National Institute of Food Technology Entrepreneurship and Management (NIFTEM), Haryana and Sridevi Annapurna Singh, Director, CSIR-CFTRI, Mysuru, seen releasing beverage of amla (gooseberry) laced with glucose and superfood, nutrition-rich quinoa germ.

Mysuru, July 6 (BCT)- The CSIR-Central Food Technological Research Institute (CFTRI) released two new technologies on Day-3 (Wednesday) of the ongoing 'One Week One Lab' (OWOL) campaign — beverage of amla (gooseberry) laced with glucose and superfood, nutrition-rich quinoa germ.

Chindi Vasudevappa, former VC of National Institute of Food Technology Entrepreneurship and Management (NIFTEM), Haryana, released the two technologies in the presence of Sridevi Annapurna Singh, Director, CSIR-CFTRI, Mysuru.

The Indian gooseberry is a remarkable super fruit with numerous health benefits. It is particularly renowned for its high content of Vitamin C and a rich assortment of health-promoting antioxidants.

These antioxidants play a vital role in enhancing immunity and combating infections. Additionally, amla aids in improving the absorption and assimilation of nutrients enhances digestion, and stimulates our taste buds, making food more enjoyable.

In combination with glucose powder, which is essential for individuals across all age groups, including geriatrics, children, and athletes, this formulation becomes even more beneficial.

Glucose powder provides the necessary nutrients for muscle recovery and repair, particularly during and after physical exertion. With its high glycemic index, glucose is rapidly absorbed into the bloodstream, leading to an immediate increase in insulin production. This insulin surge facilitates the delivery of nutrients to muscle fibres, promoting muscle growth. Thus, the combination of amla and glucose serves as the foundation for an energy drink.

Not suitable for diabetics

The glucose-amla beverage mix is a potent blend rich in Vitamin C and Polyphenols. It can help alleviate symptoms of chronic fatigue and serve as a nutritional ergogenic aid. Suitable for women, children, and the general population, including geriatric individuals, it serves as energy booster and a Vitamin C supplement. However, it is important to note that this beverage mix is not suitable for diabetics.

To prepare the drink, the glucose-amla mixture can be reconstituted using water, tender coconut water, carbonated water, or any fruit juice of choice. It imparts a distinctive sourness and the characteristic taste of amla, with reduced astringency. Incorporating this glucose-amla beverage mix into one's routine can offer a range of health benefits and serve as a refreshing and nutritious option.

Superfood: Nutrition-rich quinoa germ separated from quinoa

The CFTRI has developed a dry physical process to separate the nutritious germ from Quinoa, a superfood with exceptional nutritional value. The process overcomes the challenges posed by Quinoa's small grain size and complex structure, providing an industrially scalable and eco-friendly solution.

The germ contains protein, fat reserves and minerals, and has various applications in the food and pharmaceutical industries. The process involves conditioning, milling, aspiration and sieving, resulting in a high recovery yield of over 80 percent and purity of the germ.

Quinoa germ is rich in protein, with a balanced profile of amino acids and is classified as a high-quality protein. It also has a notable fat content, consisting of unsaturated fatty acids, including polyunsaturated and mono-unsaturated fatty acids, making it a valuable source of nutrition.

The germ is abundant in minerals and exhibits high phenolic content and antioxidant activity. This breakthrough opens opportunities in the food industry, allowing the production of functional food products. The separated fractions, including germ and bran, can be used to create nutraceutical food items. The perisperm fraction can find applications in bakery products.

The CSIR-CFTRI researchers emphasise the commercial attractiveness of not only the germ but also other fractions like perisperm and bran, which possess unique properties. The developed process addresses the growing interest in plant-based protein sources, offering a new source of high-quality proteins and fats and harnessing the full nutritional value of Quinoa.

This advancement has the potential to revolutionise the food processing industry, promoting healthier and sustainable dietary choices. As the research progresses, innovative applications will continue to emerge in the food and pharmaceutical sectors. The process contributes significantly to the global pursuit of nutritionally enriched alternatives and showcases the immense potential of Quinoa.

'Eat Right' walkathon creates awareness on healthy lifestyle

Mysuru, July 6 (MK&BCT)- As part of the ongoing 'One Week, One Laboratory' at the CSIR-Central Food Technological Research Institute (CFTRI) in Mysuru, a walkathon under the theme 'Eat Right' was organised yesterday and over 500 youths and CFTRI staff and retired employees participated.

The participants emphasised the pivotal role of proper nutrition in promoting both personal well-being and the nation's progress. The event was inaugurated by S.S. Umesh, Director of Mysuru's All India Radio (Akashvani), who applauded CFTRI and the Mysuru AIR for their invaluable contributions to society.

He highlighted CFTRI's significant achievements, particularly in providing high-quality and nutritious food for soldiers and spearheading advancements in agricultural practices and innovative technologies. The participants stressed the crucial connection between consuming wholesome meals and engaging in regular physical exercise for overall health improvement.

A key aspect of the event was to underscore the importance of proper walking techniques and pace in different contexts. Attendees were educated on the optimal walking methods, underlining the significance of timing and speed during various activities. The objective was to impart valuable knowledge to participants about incorporating effective walking practices into their daily routines.

Participants revelled in the refreshing surroundings as they imbibed the essential lessons of walking for better health.

Sridevi Annapurna Singh, Director, CSIR-CFTRI, said that walking must not be a one-day affair. "CFTRI has a vast campus and people must walk from one end to another instead of using their vehicles. This will promote good health," she added.

Winners of innovative posters display

A session on JIGYASA, a students' programme was held where students interacted with scientists. A quiz programme was also organised. Aditi Thakur, T.J. Manish and S. Soughandika, students of CFTRI School, bagged the first prize, S. Chiranthana, S. Harinakshi and M. Spoorthi of Chamarajanagar Kendriya Vidyalaya bagged the second prize, Pradyumna M. Harith, Anitha Nagendra and S.H. Dhithi of Kendriya Vidyalaya, Mysuru, secured the third place. K. Abhishek, B. Anupriya and K. Arjun Sireej of RBI campus Kendriya Vidyalaya got the consolation prize.

44 commuters booked for overspeeding on Expressway

Three radar speed guns deployed on Ramanagara stretch; more will arrive in the coming days

Ramanagara, July 6 (Agencies)- In a concerted effort to curb the escalating number of accidents on the Bengaluru-Mysuru Expressway caused by over-speeding motorists, the Ramanagara Police took action on Tuesday, July 4. Deploying three mobile speed radar guns, they apprehended 44 vehicles (as of 10.30 pm) that had exceeded the permissible speed limit of 100 kmph.

According to the National Highways Authority of India (NHAI), the maximum speed limit on the expressway is set at 100 kmph for light motor vehicles and buses, while trucks have a limit of 80 kmph. However, the speed limit for the overtaking lane is raised to 120 kmph.

Additional Director-General of Police (Traffic and Road Safety) Alok Kumar said that the violators have been booked and their licenses will be impounded. The Police have recommended the suspension of their licences to the relevant Regional Transport Office (RTO).

More mobile radar speed guns will soon be deployed on other sections of the Expressway, including Mandya and other areas, based on the demand until permanent solutions are implemented.

However, the implementation of speed control measures on the Expressway has drawn criticism from some individuals on social media. They argued that the Expressway's name is misleading, given its speed limitations and the presence of multiple barricades. In fact, one Twitter user went as far as alleging that these measures were simply a means of extorting money from the public.

In response to these concerns, Alok Kumar clarified the objective behind these actions. He emphasised that the primary aim is to control over-speeding and enforce lane discipline.

By adhering to the newly assigned speed limit on the 118-km stretch, travellers can still reach their destinations within two hours from Mysuru. He stressed that exceeding the speed limit and driving at 120 kmph or above pose a significant risk of accidents and loss of control.

He further pointed out that studies have highlighted the lack of driving skills among Indian drivers and the inadequate equipment in vehicles to safely maintain high speeds for extended periods.

The Police have also proposed to the National Highways Authority of India (NHAI) to ban the movement of slow-moving vehicles, including two and three-wheelers and tractors, on the expressway. These vehicles can use the service road.

50 percent traffic penalty dues rebate till Sept. 9

Mysuru, July 6 (RK&BS)- Once again, the State Government has provided an opportunity to settle pending traffic violation fines with a 50 percent concession.

A notification issued by the Under Secretary of the Transport Department V.S. Pushpa, states that this concession applies to cases booked on e-challan before Feb. 11, 2023 and the facility will remain available until Sept. 9, 2023. The public is encouraged to take advantage of this opportunity.

During the previous concession period, there was a significant response from the people in Mysuru city and district, resulting in a rush at the Police Stations to avail themselves of the benefit.

Between Feb. 3 and 11, a total of Rs. 11,30,58,650 was collected from 5,19,418 cases. Furthermore, during the extended period, between Mar. 4 and 18, Rs. 3,32,60,500 was collected from 1,71,603 cases. Overall, a total fine amount of Rs. 14,63,19,150 was collected from 6,91,021 cases.

ACP (Traffic) Parashuramappa told *Star of Mysore* that to facilitate the payment of fines, designated facilities have been set up at the following Traffic Police Stations: Devaraja Traffic Police Station in Devaraja Mohalla, K.R. Traffic Police Station on JLB Road, V.V. Puram Traffic Police Station in V.V. Mohalla, N.R. Traffic Police Station near St. Philomena's Church on Ashoka Road and Siddartha Traffic Police Station at Kurubarahalli Circle.

ICU ambulances, 2-ft crash barrier soon, says Simha

Mysuru, July 6 (PM&BCT)- Mysuru-Kodagu MP Pratap Simha has again strongly refuted allegations that the Expressway was constructed in an unscientific manner. "The rise in accidents on the Expressway is primarily due to over-speeding and reckless driving," he clarified.

The MP was speaking to reporters yesterday at Jaladarshini Guest House. "Accidents on the Expressway are solely the result of over-speeding or reckless and negligent driving by individuals operating low and medium-end vehicles. It is not a consequence of unscientific road engineering. People should understand that this Expressway is not a race track but rather intended for hassle-free travel."

He further stated that measures will be taken to provide treatment to accident victims and discussions are on with Manipal Hospitals to station a couple of ICU ambulances on the Expressway. Doctors and nurses will be stationed in the ambulance.

Pratap Simha

"It will be a specialised type of ambulance that is equipped with the same life-support equipment as an ICU. We can use ICU ambulances to treat and transport critically ill patients to the hospitals," the MP said.

ICU ambulances are often deployed on highways to quickly transport patients to the nearest trauma centre or ICU. This is because the time it takes to transport patient to hospital can be critical, especially those with serious injuries or illnesses.

"We have sent a proposal to install a 2-ft crash barrier on the Expressway and the approval will come within a month," the MP added. "I am repeatedly underlining the importance of responsible driving and adhering to prescribed speed limits. Safety should be prioritised over attempting to reach destinations more quickly," he said.

MYSORE RACES 2023

(By Our Racing Correspondent)

ANKUSH for S.V. Subramaniam Memorial Trophy

Mysuru, July 6- Following are the selections for the 7th day of Mysore Summer Races to be held here on Friday - July 7, 2023:

1.	2.00 PM	**THE ITARSI PLATE - DIV. II**
		1200 mts. - rated 00 to 25
		1. KNOTT SO KNOTTY 2. ENRICHMENT
2.	2.30 PM	**THE ITARSI PLATE - DIV. I**
		1200 mts. - rated 00 to 25
		1. STAR SPECK 2. BRILLIANT LIGHT
3.	3.00 PM	**THE SHUNTIKOPPA PLATE**
		1200 mts. - rated 20 to 45
		1. NRI TOUCH 2. SARO LUCKY
4.	3.30 PM	**THE ANEKAL PLATE**
		1400 mts. - rated 20 to 45 (No Whip)
		1. TAREK 2. DREAM MACHINE
5.	4.00 PM	**THE S.V. SUBRAMANIAM MEMORIAL TROPHY**
		1400 mts. - 3 years (TERMS)
		1. ANKUSH 2. BRIGHTEST STAR
6.	4.30 PM	**THE MUDIGERE PLATE**
		1400 mts. - rated 80 and above
		1. FUN AND LAUGHTER 2. MOGUL
7.	5.00 PM	**THE KEMMANNUGUNDI PLATE**
		1600 mts. - rated 40 to 65
		1. LUCKY POINT 2. HEROISM

DAY'S BEST: *TAREK*

DOUBLE: *1. NRI TOUCH 2. ANKUSH*

JACKPOT: *3, 4, 5, 6, 7* ***MINI JACKPOT:*** *4, 5, 6, 7*

I TREBLE: *2, 3, 4* ***II TREBLE:*** *5, 6, 7*

EXACTAS: *1 to 7*

—Tipster PGC

Dr. Babu Jagjivan Ram remembered

The 37th death anniversary of former Deputy Prime Minister late Dr. Babu Jagjivan Ram was observed in city this morning. Picture shows Mayor Shivakumar, Deputy Mayor Dr. G. Roopa, Deputy Commissioner (DC) Dr. K.V. Rajendra, City Police Commissioner Ramesh Banoth, Superintendent of Police (SP) Seema Latkar, Zilla Panchayat (ZP) Chief Executive Officer (CEO) K.M. Gayathri, Mysuru City Corporation (MCC) Commissioner G. Lakshmikantha Reddy and others offering floral tributes to the statue of Dr. Babu Jagjivan Ram near the City Railway Station this morning.

'Open Day' at CFTRI today, tomorrow

Dr. Sridevi Annapurna Singh, Director of Central Food Technological Research Institute (CFTRI), Mysuru and Dr. Jacqueline d'Arros Hughes, Director-General of International Crops Research Institute for the Semi-Arid Tropics (ICRISAT), show the MoU signed during One Week One Lab (OWOL) programme organised at CFTRI in the city this morning as Prof. Rekha S. Singhal, Chairman of Research Council, CSIR-CFTRI & faculty of Indian Institute of Technology (IIT), Mumbai and Dr. K.S.M.S. Raghavarao, former Director of CFTRI & faculty of IIT Tirupati, look on.

(Continued from page 1)

Technologies that help detect adulteration in milk and also in honey were also on display-cum-demonstration to the delight of the students, especially those interested in science.

Millet products

That apart, nine millet-based products — Semolina, Puttu Podi, Idli Mix, Upma Mix, Kesari Halwa Mix, Khichdi Mix, Ragi-based malt, ready-to-eat ragi-based malted weaning food and Millet Key Chain — were released on the occasion.

Prof. Rekha S. Singhal, Chairman of Research Council, CSIR-CFTRI and faculty of IIT, Mumbai, who was the chief guest of Millet Day, organised as part of OWOL said, "The 'Open Day' is organised every year to introduce new technologies to students and researchers. With the growth of science and technology, various technologies are emerging out of laboratories to check adulterations in food, with the thrust on health."

On the occasion, a Memorandum of Understanding (MoU) was signed between CFTRI and International Crops Research Institute for the Semi-Arid Tropics (ICRISAT). The aim is to undertake joint collaborative research activities with a focus on value addition to dry land crops (millets and pulses) towards addressing malnutrition and lifestyle diseases and creating 'demand pull' for the dry land crops, ultimately promoting food and nutritional security in the dry lands.

Director of CSIR-CFTRI Dr. Sridevi Annapurna Singh and Director General of ICRISAT Dr. Jacqueline d'Arros Hughes signed the MoU and handed it over to Principal Scientist of ICRISAT Dr. Saikat Datta Mazumdar. Former Director of CFTRI and IIT Tirupati faculty Dr. K.S.M.S. Raghavarao was also present.

'Transfer racket run under CM's nose'

Former CM H.D. Kumaraswamy speaking to media persons after visiting the KSRTC driver at Manipal Hospital in city this morning as former MLAs Ravindra Srikantaiah and Suresh Gowda, former Mayor M.J. Ravikumar and others look on.

Mysuru, July 6 (BLU&BS)- Former Chief Minister and Janata Dal-Secular (JD-S) leader H.D. Kumaraswamy has alleged that the transfer racket is being operated under the nose of Chief Minister Siddharamaiah.

He was speaking to media persons outside Manipal Hospital in city this morning after visiting KSRTC bus driver Jagadish of Nagamangala depot, who attempted suicide yesterday and was admitted at the hospital.

Kumaraswamy said, "On one hand, Officers are being transferred while on the other hand the transfer orders are cancelled. Thought it is a normal practice to initiate transfers every year for the smooth run of the Government, but on what basis the transfers are being made. Despite having a vast experience, you (CM) aren't aware of these things."

On his claim of having a pen drive where he has stored all the documents to substantiate corruption charges against the State Government, Kumaraswamy said: "I will make public the documents in the pen drive at an appropriate time. Let Government say, whatever it has to, I am not in a hurry. I will release the documents at the right time."

He also demanded the Government to sack the Minister (N. Cheluvarayaswamy) and initiate a probe.

Without taking the name of Cheluvarayaswamy, Kumaraswamy said: "The Minister has resorted to cheap politics with the announcement of reservation matrix for Zilla Panchayat President and Vice-President elections. KSRTC driver Jagadish's wife is a ZP Member from JD(S) and is being coerced to switch side to Congress. As she turned down the offer, her husband Jagadish had to bear the brunt with the Officers harassing him, as written in the suicide note."

MYSORE PAINTS & VARNISH LTD.,
(A Govt. of Karnataka Undertaking)
New Rannimantap Extension, MYSURU-570 015
Phone: 0821-2493831-2497469/2499340,
website: www.mysorepaints.karnataka.gov.in
email: materials-mpvl@karnataka.gov.in

Ref: MPVL/2023-24/AUCTION-1 **Date: 05/07/2023**

e-Aution Notification

Bids are invited from Authorized Hazardous Waste Re-processers for lifting of **Scrap Items** from the Premises of M/s. Mysore Paints and Varnish Ltd., Mysore, through Karnataka Public procurement portal (KPPP). The details of the auction are as mention below:

e-Auction Notification No. MPVL/2023-24/AUCTION 1 e-Auction Notification for the disposal of various types of Scrap items through Karnataka Public procurement portal (KPPP). The Details are as under (Approx. Value 15.50 Lakh)

The Calendar of events is as follows:

Inspection of Scrap Items in Company Scrap Yard	**06/07/2023 to 11/07/2023**
Date and Time to confirm participation of interst in Auction	**10/07/2023 @ 15:00:00**
Start date and time of Evaluation	**11/07/2023 @ 15:00:00**
Start date and time of Live Auction	**15/07/2023 from 10:00:00 to 16:00:00**

Requested to participate in the said e-Auction notification, if eligible. For details & to Interested parties in the said e-Auction you may log on to **www.kppp.karnataka.gov.in**, for participating in the tender.

For Mysore Paints and Varnish Ltd.,
-sd-
Materials Manager/TIA

MYSORE TRAIN TIMINGS

FROM MYSURU RAILWAY STATION TOWARDS KSR BENGALURU

Train No.	From Station	To Station	Mysuru Departure	Bengaluru Arrival	Days of Service
16586	Mangaluru	KSR Bengaluru	3.45 am	6.15 am	Mon, Wed & Fri
12610	Mysuru	Chennai	5 am	7.45 am	Daily
16217	Mysuru	Shirdi	5.30 am	7.55 am	Monday
17326	Mysuru	Belagavi	5.50 am	8.40 am	Daily
06256	Mysuru	KSR Bengaluru	6.10 am	9.05 am	Daily Passenger
16215	Mysuru	Bengaluru	6.45 am	9.35 am	Daily
16229	Mysuru	Varanasi	7.30 am	9.55 am	Tue & Thu
16023	Mysuru	KSR Bengaluru	8.20 am	10.50 am	Daily
07345	Chamarajanagar	KSR Bengaluru	9.05 am	12.50 pm	Daily Passenger
19668	Mysuru	Udaipur	10 am	12.10 pm	Thu [Humsafar Exp]
12975	Mysuru	Jaipur	10.30 am	12.55 pm	Thu & Sat
12578	Mysuru	Darbhanga	10.30 am	1.35 pm	Friday
12613	Mysuru	KSR Bengaluru	11.30 am	2 pm	Daily
16315	Mysuru	Kochuveli	12.50 pm	4.35 pm	Daily
20608	Mysuru	MGR Chennai	1.05 pm	2.50 pm	Daily Except Wed Vande Bharat
17307	Mysuru	Bagalkot	1.25 pm	4.30 pm	Daily
06258	Mysuru	KSR Bengaluru	1.45 pm	4.55 pm	Daily Passenger
12008	Mysuru	MGR Chennai	2.15 pm	4.10 pm	Daily Except Wed
16557	Mysuru	KSR Bengaluru	2.50 pm	5.20 pm	Daily
12786	Mysuru	Kacheguda	3.15 pm	5.40 pm	Daily
16535	Mysuru	Solapur	3.45 pm	6.35 pm	Daily
16232	Mysuru	Mayiladuturai	4.30 pm	6.50 pm	Daily
16219	Chamarajanagar	Tirupati	4.55 pm	8.20 pm	Daily
16236	Mysuru	Tuticorin	6.20 pm	8.55 pm	Daily
16592	Mysuru	Hubballi	6.50 pm	9.40 pm	Daily
16210	Mysuru	Ajmer	7.10 pm	10.30 pm	Tue & Thu
16227	Mysuru	Talguppa	7.30 pm	10.55 pm	Daily
06526	Mysuru	KSR Bengaluru	7.50 pm	11.05 pm	Daily
22681	Mysuru	Chennai	8.15 pm	10.50 pm	Wednesday
16022	Mysuru	Chennai	9 pm	11.45 pm	Daily
06269	Mysuru	SMVT Baiyyappanahalli	10.20 pm	12.45 am	Daily
06560	Mysuru	KSR Bengaluru	10.25 pm	1.15 am	Daily
11065	Mysuru	Renigunta	11 pm	1.30 am	Friday
22818	Mysuru	Howrah	11.45 pm	2 am	Sunday

DEPARTING FROM KSR BENGALURU AND ARRIVING MYSURU

Train No.	From Station	To Station	Bengaluru Departure	Mysuru Arrival	Days of Service from Bengaluru
06270	SMVT Baiyyappanahalli	Mysuru	12.15 am	4.30 am	Daily
22817	Howrah	Mysuru	1.10 am	3.20 am	Sunday
16218	Shirdi	Mysuru	1.10 am	3.20 am	Thursday
06559	KSR Bengaluru	Mysuru	2.05 am	5.15 am	Daily Passenger
16021	Chennai	Mysuru	4 am	6.40 am	Daily
16220	Tirupati	Chamarajanagar	4.30 am	7 am	Daily
16228	Talguppa	Mysuru	5.05 am	8.20 am	Daily
22682	Chennai	Mysuru	5.25 am	8 am	Friday
16231	Mayiladuturai	Mysuru	5.45 am	8 am	Daily
16591	Hubballi	Mysuru	6 am	8.40 am	Daily
12785	Kacheguda	Mysuru	6.45 am	9.35 am	Daily
16235	Tuticorin	Mysuru	7.15 am	10.20 am	Daily
16536	Solapur	Mysuru	8 am	10.45 am	Daily
17308	Bagalkot	Mysuru	8.20 am	11.45 am	Daily
16316	Kochuveli	Mysuru	8.50 am	11.15 am	Daily
06257	KSR Bengaluru	Mysuru	9.40 am	1.30 pm	Daily Passenger
20607	MGR Chennai	Mysuru	10.20 am	12.20 pm	Daily Except Wed Vande Bharat
12007	MGR Chennai	Mysuru	10.50 am	1 pm	Daily Except Wed
16558	KSR Bengaluru	Mysuru	11.30 am	2 pm	Daily
12976	Jaipur	Mysuru	1.15 pm	4 pm	Wed & Fri
19667	Udaipur	Mysuru	1.35 pm	4.30 pm	Wed [Humsafar Exp]
16024	KSR Bengaluru	Mysuru	1.50 pm	4.20 pm	Daily
12614	KSR Bengaluru	Mysuru	3.15 pm	5.45 pm	Daily
07346	KSR Bengaluru	Chamarajanagar	3.35 pm	6.35 pm	Daily Passenger
06525	KSR Bengaluru	Mysuru	4.50 pm	7.40 pm	Daily Passenger
12577	Darbhanga	Mysuru	5.15 pm	8 pm	Thursday
17325	Belagavi	Mysuru	5.45 pm	8.40 pm	Daily
16216	KSR Bengaluru	Mysuru	6.15 pm	9.05 pm	Daily
16230	Varanasi	Mysuru	6.35 pm	10 pm	Mon & Sat
06255	KSR Bengaluru	Mysuru	7 pm	10.15 pm	Daily
12609	Chennai	Mysuru	7.50 pm	10.50 pm	Daily
16585	KSR Bengaluru	Mangaluru	9 pm	11.20 pm	Daily Except Friday
11066	Renigunta	Mysuru	11.20 pm	1.35 am	Saturday
16209	Ajmer	Mysuru	11.35 pm	1.55 am	Tue & Sun

TOWARDS HASSAN, ARSIKERE, SHIVAMOGGA, DAVANGERE, HAVERI, HUBBALLI, DADAR, NEW DELHI & BACK

Train	From Station	To Station	Departure	Arrival	Days of Service
16206	Mysuru	Talguppa	6 am	1.15 pm	Daily
11036	Mysuru	Dadar	6.15 am	5.30 am (next day)	Sunday (Mysuru)
06268 (Exp)	Mysuru	Arsikere	6.30 am	10.25 am	Daily
16208	Mysuru	Yesvantpur	7.15 am	10.10 am (Hassan)	Daily
16225	Mysuru	Shivamogga	10.15 am	4.25 pm	Daily
16222	Mysuru	Talguppa	2 pm	11.30 pm	Daily
06214	Mysuru	Arsikere	5.45 pm	9.50 pm	Daily
12781	Mysuru	Hazrat Nizamuddin	8.10 pm (Fri)	5.50 pm (Sun)	Friday
17301	Mysuru	Dharwad	10.30 pm	8.05 am	Daily
16585	Mysuru	Mangaluru Central	11.15 pm	9.05 am	Mon, Wed, Sat
06547	Mysuru	Mangaluru Central	11.15 pm	9.05 am	Tue, Thu, Sun
17302	Dharwad	Mysuru	9.05 pm	7 am	Daily
06213	Arsikere	Mysuru	5 pm	9.25 am	Daily
16226	Shivamogga	Mysuru	11.15 am	4.50 pm	Daily
16207 (Exp)	Yesvantpur	Mysuru	4.45 pm (Hassan)	7.55 pm	Daily
06267	Arsikere	Mysuru	5.30 pm	9.15 pm	Daily
11035	Dadar	Mysuru	9.30 pm	9.40 pm (next day)	Thursday (Dadar)
16221	Talguppa	Mysuru	6.10 am	3.35 pm	Daily
16205	Talguppa	Mysuru	3 pm	10.15 pm	Daily
12782	Hazrat Nizamuddin	Mysuru	5.10 am (Mon)	3.30 am (Wed)	Monday
16586	Mangaluru Central	Mysuru	6.35 pm	3 am	Tue, Thu, Sun
06548	Mangaluru Central	Mysuru	6.35 pm	3 am	Wed, Fri, Mon

TOWARDS MYSURU TO CHAMARAJANAGAR AND BACK

Train	From Station	To Station	Departure	Arrival	Days of Service
07327	Mysuru	Chamarajanagar	5 am	6.35 am	Daily Passenger
16220	Tirupati	Chamarajanagar	7.20 am (Mys)	9.10 am	Daily
06233	Mysuru	Chamarajanagar	9.15 am	10.55 am	Daily Passenger
06276	Mysuru	Chamarajanagar	12.15 pm	2 pm	Daily
06543	Mysuru	Chamarajanagar	3.45 pm	5.20 pm	Daily
07346	Mysuru	Chamarajanagar	6.40 pm	8.40 pm	Daily
07345	Chamarajanagar	Mysuru	7.15 am	9 am	Daily
16219	Chamarajanagar	Tirupati	3.30 pm	4.45 pm	Daily
06234	Chamarajanagar	Mysuru	5.25 pm	7.15 pm	Daily Passenger
06275	Chamarajanagar	Mysuru	6.35 pm	8.25 pm	Daily
06544	Chamarajanagar	Mysuru	8.45 pm	10.30 pm	Daily
07328	Chamarajanagar	Mysuru	9.30 pm	11.10 pm	Daily Passenger

Prize-winners at 'Rotothsava 2023'

The Rotaract Club of NIE First Grade College is seen with Principal Dr. Gopal Krishne Urs, Development Officer B.A. Suma, Rotaract Coordinator M. Rajesh and Rotaract Co-coordinator R. Indira.

Mysuru, July 6- Rotaract Club of NIE First Grade College had taken part in the Zonal Conference 'Rotothsava 2023,' which was held at Teresian Degree College, Mysuru, recently. It was inaugurated by chief guest PDRR Rtn. Rajeev. DRR Rtr. R.K. Nikil, DRRE Rtr. Rahul Acharaya, ZRR Rtr. K.C. Babeena were the guests of honour. Host Club President Rtr. Chaitra Raj was present. The Conference consisted of sessions on Team Building, Leadership and Entrepreneurship.

The members of the Club Rtr. Abel Raj and Rtr. Yashwanth Kumar participated in the Cultural Event, performed a duo signing and bagged the second prize. President of RC NIE FGC Rtr. C.S. Vignesh Shastry received 'The Best President Award', Rtr. N. Jyothi received 'The Best Secretary Award,' The Club RC NIE FGC received the title of 'Best Club,' a hat-trick award under the section of Institution. Highest registration and ZRR citation were also received by the Club.

GSSS Alumni donate towards Palliative Care

GSSSIETW Alumnae Association 'Geethasangama' rendered a donation of Rs. 30,000 towards Swami Vivekananda Youth Movement (SVYM) Palliative Care for the patients from the marginalised community suffering from chronic (long standing) diseases during the valedictory of 'Geethayaana- 2023,' Annual Inter-Collegiate Techno Cultural Fest organised by GSSSIETW, Mysuru. The Association is actively involved in contributions to various organisations such as Karunamayee, Special Children Training School, SVYM and Shubhodaya Charitable Trust, Mysuru. Dr. M. Shivakumar, Principal, GSSSIETW, is seen handing over the cheque to the Trust Members of SVYM as R.N. Nagashree, Treasurer, Alumnae Association, GSSSIETW; J. Usha Rani, Secretary, Alumnae Association, GSSSIETW; Dr. M. Yogesh, Head, Department of Mechanical; Dr. G. Sreeramulu Mahesh, Head, Department of EEE and Dr. M.V. Sreenivas Rao, Head, Department of EIE — Chief Coordinators of Geethayaana-2023.

Investiture Ceremony of Students Council

Mysuru, July 6- The Investiture Ceremony of Students Council was held at Pramati Hillview Academy recently. The elected Students Council Members were conferred with badges by H.V. Rajeev, Secretary of the Institution and S. Phaniraj, Treasurer, Pramati Hillview Academy, who later advised the students to discharge their duties sincerely.

Senior Secondary Principal Sunil Dayakar handed over the flags and Secondary School Principal C.S. Sudarshana administered the oath to the leaders. Staff and students were present.

The elected Students Council heads are as follows: **Head Boy** - Puneeth M. Swamy and **Head Girl -** Anushree H. Hegde; **'Mourya' House** Captain - C.A. Lekh Aiyappa and Vice-Captain - Stuti N. Hegde; **'Hoysala' House** Captain - M.A. Somaiah and Vice-Captain - S.G. Ishani; **'Kadamba' House** Captain - S.T. Dhanush Gowda and Vice-Captain - Apeksha Avinash; **'Chalukya' House** Captain - Saniha M. Jain and Vice-Captain - Pratheek Akanksh.

Karnataka Budget 2023-24

Mayor seeks Rs. 1,000 cr. special grants from CM

To restore city's heritage buildings

Mysuru, July 6 (RK&BS)- Mayor Shivakumar has requested Chief Minister Siddharamaiah for a special budgetary allocation of Rs. 1,000 crore to restore heritage buildings in dilapidated condition in the city.

Shivakumar

Jayalakshmi Vilas Mansion

Speaking to *Star of Mysore*, Mayor Shivakumar said, "In view of the State Budget tomorrow (July 7), it has been requested for the special budgetary allocation of Rs. 1000 crore to repair and strengthen old structures of heritage significance in cultural capital Mysuru."

Several buildings like that of Maharaja's College, Maharani's College, Vani Vilas Market, Mandi Market, Jayalakshmi Vilas Mansion and memorials that are 100 years old have heritage value, which are crumbling at places.

These buildings built by Maharajas of Mysore should be conserved for posterity. Chief Minister Siddharamaiah, who is a native of Mysuru, should announce special funds for the purpose, demanded the Mayor.

The Department of Archaeology, Heritage and Museums and District Heritage Committee have already conducted a study of these heritage buildings. As per their reports, it is essential to take up restoration works of such structures and the Government should allocate special funds to Mysuru City Corporation (MCC), asked Shivakumar.

Besides, the city of Mysuru requires special package for the development and maintenance of drinking water, underground drainage (UGD), parks and burial grounds. To recruit additional number of Pourakarmikas to replicate garbage collection, disposal and cleaning system on the lines of Indore in Madhya Pradesh, in the city, the Government should give its consent along with financial assistance.

With the revenue generated from property tax, water cess, building rents and trade license and other resources proving inadequate to meet the regular task of providing civic amenities and maintenance works, the Government must provide special pacakage, Mayor Shivakumar said.

Vector-borne diseases: DC calls for preventive measures

Mysuru, July 6 (DM)- With the Monsoon season having set in, Deputy Commissioner (DC) Dr. K.V. Rajendra has directed the Health Department officials to check the spread of vector-borne diseases such as Dengue, Chikungunya and Malaria. The DC was presiding over an Inter-Departmental Meeting of National Centre for Vector-Borne Diseases Control, coming under the Department of Health and Family Welfare, at his office here yesterday.

Pointing out that Aedes mosquitos (Aedes Aegypti) are the main carries of vector-borne diseases such as Dengue, Malaria, Chikungunya, Japanese Encephalitis, Dr. Rajendra said that stagnant water is the breeding ground for mosquitos and as such, the authorities should check for stagnant water.

Asking the people to regularly clean water tanks, drums, barrels and such other water containers, the DC said, all water containers must be closed securely so that mosquitos cannot enter inside. Also, Coconut shells, old tyres, strewn empty water bottles etc., should be disposed off in an appropriate manner so that they do not become breeding ground for mosquitos.

He sought public co-operation for Health Dept's initiatives to check spread of diseases.

Observing that pig rearing is more common in rural areas, the DC said that the authorities must carry out awareness programmes on maintaining cleanliness and hygiene in villages.

Directing the Medical Officers to report any cases of Dengue, Chikungunya, Malaria etc., in rural areas, the DC said that the health personnel should educate the public on use of curtains, wall sprays etc., in homes for protection against mosquitos.

The DC directed the Agriculture Department officials to supply the fish species that eat up Aedes mosquitos in agri ponds, quarries etc., to farmers.

District Vector-Borne Diseases Control Officer Dr. S. Chidambara said that Aedes mosquito (Aedes aegypti) which is the carrier of vector-borne diseases, is more active during daytime and hence people must take measures for ensuring that they do not get bitten by mosquitoes.

Stating that severe headache, muscular pain, elbow pain, oral bleeding etc., are the symptoms of Dengue Fever, Dr. Chidambara said that the affected people must visit their nearest Health Centre without wasting time. He asked ASHA workers to undertake a door-to-door visit for checking any water stagnation and also to create public awareness on the preventive and precautionary measures to be taken for avoiding mosquito bites.

Dr. Chidambara further said that no cases of Malaria has been reported in the district from 2017. As far as Dengue is concerned, the Government Hospitals have collected 2,000 samples, while private Hospitals have collected 81 samples. He pointed out that out of the 2,636 Dengue samples tested in the district, 242 have been reported positive. However, no Dengue deaths have been reported in the district thus far, he added.

ZP CEO K.M. Gayathri and MCC Commissioner G. Lakshmikantha Reddy were present.

Awards presentation at MDJA tomorrow

Mysuru, July 6 (BS)- Four endowment awards instituted by senior journalist K.V. Srinivasan (Brother) at Mysore District Journalists Association (MDJA) will be presented on July 7 at 10 am at Sri Rajashekar Koti Hall, Pathrakartara Bhavan, on Tyagaraja Road in city.

Senior journalist and TSR Awardee D. Mahadevappa and Director of Akashvani Mysuru S.S. Umesh will be the chief guests and present the awards, in the presence of former Akashvani reporter Srinivasan.

The awardees are as follows: R. Suvarna of *Nagara Belaku* for 'Mahatma Gandhi' Award from print media, M.A. Sriram of *The Hindu* for 'Janakamma Venkatappa Gowda' Award from photographer's section, S. Manjunath (Beechanahalli Manju) of *Mysuru Mithra*, H.D. Kote for K.V. Srinivasan Award from rural category and Bapu Lingaraja Urs of *Mysuru Mithra* (formerly of Kasturi TV) for 'JP Memorial Media Award' from visual media category.

MDJA President S.T. Ravikumar and General Secretary M. Subramanya have, in a press release, requested all journalists to attend the award ceremony.

Free Health Camp on July 11

Mysuru, July 6- NJS Charitable Trust, Mysuru, in association with Mysuru Veerashaiva Sajjana Sangha, Mysuru, will be holding a free Health Check-up Camp at Kanti Mallanna Kalyana Mandira, located on Sree Talkies Road, Mandi Mohalla, at 9.30 am on July 11.

The camp is being conducted with support from JSS Multi-Speciality Hospital, JSS Ayurveda Hospital, JSS Dental Hospital, Bharat Cancer Hospital, Annapurna Eye Hospital, Yoga Prana Vidya Kendra and a few other organisations.

For details, contact Mob: 99161-55453 or 94487-38657, according to a press release.

MAHAJANA EDUCATION SOCIETY (R)

Jayalakshmipuram, Mysuru – 570 012

Ph: 0821-2512065 Email: mes@mahajana.edu.in

APPOINTMENT NOTIFICATION

Applications are invited for the following posts as shown below. **The posts are purely temporary.**

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K.R.S. Road, Metagalli, Mysuru-16

Sl.No.	Name of the Post	No. of Post	Eligibility
1	Principal	01	Any PG degree from recognized University with a minimum of 55% aggregate marks and with - 5 years of Teaching/Administrative Experience in Science/Commerce College.

SBRR MAHAJANA FIRST GRADE COLLEGE (AUTONOMOUS)

Jayalakshmipuram, Mysuru-12

Sl. No.	Subjects	No. of Post	Post Vacant (Designation)	Eligibility
1	BCA	03	Asst. Professor (Full Time)	The minimum qualification for the post of Assistant Professor is Postgraduate degree in MCA/B.E., M.Tech from any recognized university in the concerned subject, with a minimum of 55% aggregate marks with NET/SLET/Ph.D and preferably having teaching experience in Degree Colleges.
2	Head of Facility Management	01	Full Time	• 5+ years experience in Facility Management & Administration • Qualification - Any Graduate / Post Graduate • Preference will be given to Ex-Army people
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Application along with supportive documents, Curriculum Vitae with a passport photograph mentioning therein the e-mail ID and contact phone number should be sent to **Hon.Secretary, Mahajana Education Society, Jayalakshmipuram, Mysuru-12,** so as to reach on or before 12-07-2023. The soft copy of the applications may be sent to **mes@mahajana.edu.in. For more details contact 0821-2414060.**

Sd/-
Dr. T. Vijayalakshmi Muralidhar
Hon. Secretary

Sd/-
Sri. T. Muralidhar Bhagavat
President

WORD OF THE DAY

Jaundiced

Pronunciation: JAWN-dist.
Meaning: Jaundiced means "showing or influenced by feelings of distrust, distaste, or hostility."
Origin: Cast not a jaundiced eye on the word jaundiced—and by that we mean this: don't dislike or distrust jaundiced because of past experiences with the word or with others like it. Jaundiced is handy for describing the grumps among us who tend toward envy, aversion, or hostility, and who doesn't know a few of those? This useful 17th century adjective comes from an also-useful 14th century noun jaundice that still refers to a medical condition in which excess bile pigments in the bloodstream and body tissues cause a person's skin to turn yellow. The connection between the physical condition and the bad attitude lies in the physiological theory of the bodily humors, which holds that a hostile, irritable temperament is caused by excess yellow bile in one's body.
Example: "I directed a short story [Dorothy] Parker wrote once with a couple of my acting students. It wasn't written as a one-act play, it was just a short dialogue-driven story and it was called 'Here We Are.' Parker was basically doing a satiric tap dance on the institution of marriage, and all of the little peccadilloes and foibles that human beings possess, because you know, they're human. ... Parker looked at marriage with a jaundiced eye because she probably saw and knew too much of human behavior." — J. V. Houlihan, The Block Island (Rhode Island) Times, 12 May 2023

THE ODD WORD

Jargonelle

Early pear.

PHRASE OF THE DAY

Jack in the box

Meaning: A toy consisting of a box containing a figure with a spring, which leaps up when the lid is raised.
Origin: On the face of it, a Jack-in-the-box is a harmless and amusing children's toy. 'Jack' is usually a clown figure, which pops up on a coiled spring when the box lid is opened. Clowns have white-face make-up and usually wear pointed hats and ruffled collars. Augustes are the red-nosed guys with oversized trousers and squirty flowers in their buttonholes. Jack was clearly intended to be a comic figure but not everyone finds him amusing. Fear of clowns has become a widespread enough condition lately for someone to have invented a name for it - coulrophobia. The word has no real etymological pedigree and was coined in the past twenty or so years. The expression 'Jack in the box' existed for centuries before anyone thought of putting spring-loaded puppets inside boxes.

QUOTE BOX

Why don't they make the whole plane out of that black box stuff.

—Steven Wright

RIDDLE THIS

Solve the rebus:

Good	Be	True
Good	Be	

Answer: Too good to be true.

CROSS WORD

ACROSS:

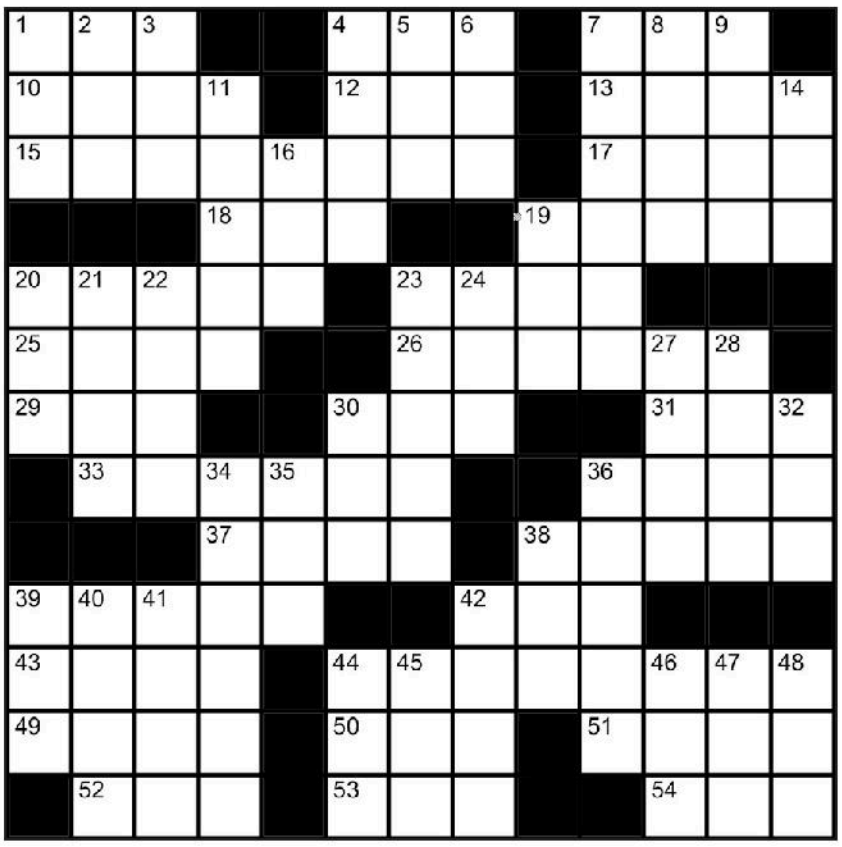
1 Mineral spring
4 Food for cattle
7 Large bird found in Australia
10 Pavement edge
12 Bull periods
13 Peel
15 Essential to the whole
17 One time only
18 __ away: escape?
19 Farewell
20 Mr Gandhi of the INC
23 Very dry
25 Prayer ending
26 New Jersey city - "cad men" anagram?
29 ___ Forests : the lion sanctuary in Gujarat?
30 The solver
31 Battery size
33 US currency
36 Afternoon for the Aussie
37 What a plumber joins
38 LPs
39 Berate
42 Young sibling
43 Hacienda room - "alas" anagram?
44 Impetus gained by movement
49 Coup d'- ___ : change of Govt.
50 Rumanian coin
51 One in Oldenburg
52 First number
53 Neighbour of Uru.
54 Own, for the Scottish people

DOWN

1 Snow runner
2 A small enclosure for domestic animals
3 Sculpture, for example
4 Injured
5 Assoc. in Pub. Admin.
6 Designer's monogram
7 Wore away
8 Short skirt
9 Strange, fearsome, or great
11 Started
14 Desmond's pet name?
16 Come together
19 Branch
20 Annoy constantly
21 Surrounded by
22 Chief player
23 Twenty
24 Water in France
27 Gain by work
28 Warships collectively
30 Sharp bark
32 Net giant: abbr.
34 Mark of new driver (1-5)
35 Cover
36 Oise tributary
38 Contend
39 180 degrees from NNW
40 Roman censor
41 Scheme or plot
42 Complacent
44 Assemblyman, in short
45 Over in verse
46 Aunt in Spanish
47 One as a prefix
48 Adult males

YESTERDAY'S ANSWER

	O	E	M		S	U	D		S	F	E	
A	T	T	A		U	N	I		O	A	R	S
P	R	O	P	E	R	T	Y		L	I	S	A
T	A	N		E	M	O		T	I	R	E	D
			E	C	O		S	O	T			
	R	A	N		U	N	L	E	A	S	H	
	P	I	T		N	E	I		I	S	O	
	G	L	O	A	T	E	D		R	E	T	
			U	P	S		E	Y	E			
S	T	A	R	E		G	R	E		D	S	M
A	G	R	A		I	N	U	N	D	A	T	E
W	I	N	G		P	A	L		I	R	O	N
	F	E	E		S	T	E		M	E	W	



SUDOKU

6				1				
				2	6			
1		9	8		7		2	
5	3							
8								7
							6	9
	7		4		9	5		8
			2	8				
				3				1

Answer to previous puzzle

9	6	2	5	3	1	4	8	7
3	4	5	6	7	8	1	9	2
7	1	8	2	4	9	5	3	6
2	8	1	4	6	5	9	7	3
6	5	9	7	1	3	2	4	8
4	7	3	9	8	2	6	5	1
5	9	7	8	2	6	3	1	4
8	3	6	1	9	4	7	2	5
1	2	4	3	5	7	8	6	9

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Concept is Sudoku increases from Monday to Sunday.

CRYPTOQUIP

The Cryptoquip is a substitution cipher in which one letter stands for another. If you think that X equals O, it will equal O throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

CR GMH XTCMN CQ QGSAOV, XTO

TYDGM LZVH CQ QGSAOV.

TODAY'S CLUE: M EQUALS N

Yesterday's Cryptoquip: You must write for children in the same way as you do for adults, only better.

MOVIE LOVERS

NOW SHOWING - SINGLE SCREEN THEATRES

- **Sangam Theatre** — **Ph: 2520494**
  Satyaprem Ki Katha (H) - 4 Shows
- **Balaji Theatre** — **Ph: 2497199**
  Satyaprem Ki Katha (H) - 4 Shows
- **Woodlands Theatre** — **Ph: 2422871**
  Bengaluru Boys (K) - 4 Shows
- **Gayathri Theatre** — **Ph: 2443568**
  Maamannan (Ta) - 4 Shows
- **Padma Theatre** — **Ph: 2521923**
  The Kerala Story (H) - 4 Shows
- **Lido Theatre** — **Ph: 2420885**
  Spy (K) - 4 Shows
- **Rajkamal Theatre** — **Ph: 2423554**
  Spy (Te) - 4 Shows
- **Mahadeshwara Theatre** — **Mob: 99008-20093**
  Ramabanam (Te) - 4 Shows
- **Prabha Theatre** — **Mob: 98454-14691**
  Raghavendra Stores (K) - 4 Shows
- **Thibbadevi Theatre** — **Ph: 2452958**
  Por Thozhil (Ta) - 4 Shows

DRC CINEMAS — Ph: 4240422, 4241800

Satyaprem Ki Katha (H)	(S-1)	10.15 am, 4.15 pm 7.05 pm, 9.55 pm
Daredevil Musthafa (K)	(S-1)	1.05 pm
Spider Man (E)	(S-2)	10.25 am
Salmon (Ta-3D)	(S-2)	1.15 pm
Spy (Te)	(S-2)	4.30 pm, 7.15 pm, 9.50 pm
Maamannan (Ta)	(S-3)	10 am, 1 pm 4 pm, 10.05 pm
Circus (Tulu)	(S-3)	7.00 pm
Bengaluru Boys (K)	(S-4)	10.15 am
Indiana Jones & Dial of Destiny (E)	(S-4)	1.05 pm, 4.05 pm 7.05 pm, 10.05

MYSURU VISION CINEMAS — Ph: 0821 - 2973519

Bengaluru Boys (K)	:	10.45 am, 1.30 pm, 7.30 pm
Indiana Jones & Dial of Destiny (E)	:	10.45 am, 1.45 pm 6 pm, 9 pm
Maamannan (Ta)	:	10.45 am, 1.45 pm 6.00 pm, 9.00 pm
Adipurush (K-3D)	:	1.25 pm, 4.45 pm
Daredevil Musthafa (K)	:	4.15 pm

PVR CINEMAS — 4K Dolby 7.1

Nexus Centre City Mall, 2nd Floor. Mob: 8951357139

Indiana Jones & Dial of Destiny (E)	:	9.10 am, 12.20 pm, 3.55 pm 6.40 pm, 10.30 pm
Maamannan (Ta)	:	9.10 am, 12.30 pm, 3.50, 10.30 pm
Satyaprem Ki Katha (H)	:	9.10 am, 12.45 pm, 3.30 pm 7.15 pm, 10.00 pm
Spy (Te)	:	9.25 am, 3.40 pm 6.35 pm, 9.30 pm
The Flash (E)	:	11 am
Circus (Tulu)	:	11.30 am, 5.00 pm, 7.10 pm 9.15 pm, 10.30 pm
Por Thozhil (Ta)	:	12.15 pm
Trailers Screening Show	:	2.05 pm
Ruby Gillman: Teenage Kraken (E)	:	2.50 pm, 8.20 pm
Bengaluru Boys (K)	:	3.15 pm
Spider-man (E)	:	6.15 pm

1st Floor, Garuda Mall. Mob: 9901373210

Indiana Jones & Dial of Destiny (E)	:	9.05 am, 12.10 pm, 3.20 pm 6.40 pm, 10 pm
Samajavaragamana (Te)	:	9.10 am, 7.20 pm
Spy (Te)	:	9.15 am, 12.25 pm, 3.30, 9.45 pm
Satyaprem Ki Katha (H)	:	9.50 am, 1.00 pm, 4.10 pm 7.20 pm, 10.30 pm
Maamannan (Ta)	:	12.10 pm, 6.25 pm, 10.20 pm
Trailers Screening Show	:	3.30 pm
Dhoomam (K)	:	4.15 pm

EVENTS TODAY (JULY 6)

- **Sri Raghavendra Swamy Seva Samiti, Jayalakshmipuram:** Discourse on 'Mahabharata' by Dr. Be.Na. Vijayendrachar, Sri Raghavendraswamy Mutt, Jayalakshmipuram, **5 pm.**
- **Srikrishna Trust Chaturmasya Samiti:** Pejawar Adhokshaja Mutt Seer Sri Vishwaprasanna Teertha Swamiji's 36th Chaturmasya Vrata, Bhajans, Bhagavata discourse, Ramayana discourse and cultural programmes, Srikrishnadhama, Saraswathipuram, **5 pm to 8 pm.** [Mob: 94482-71837 or 99452-30501]
- **Kanchi Seetha Ramaswamy Temple:** Uttara Puja, first roof stone for Ganapathi Temple, Kanchi Seetha Ramaswamy Temple. #1, Sita Vilas Road, near Marimallappa's PU College, **6.30 pm.** [Mob: 73383-91391]
- **Sacred Heart Church, Yadavagiri:** Annual Feast, Rosary, Flag hosting and Holy Mass by Rev. Fr. S. J. Edward Philip, Director, Xavier Sadan, Mysuru, Sacred Heart Church, Yadavagiri, **5.30 pm.**
- **Parivartana Ranga Samaja, Kalasuruchi and Arivu Educational and Cultural Trust, Karnataka Science and Technology Academy (KSTA) and Kutuhali, Mysuru:** 'KSTA-Kutuhali Mysuru Science Theatre Festival 2023,' Dr. Shivananda Kanavi, Asst. Professor, National Institute of Advanced Studies (NIAS), Bengaluru and former VP, TCS Technologies, inaugurates, **6.15 pm;** Staging of play 'Prabhasa' based on life of Marie Curie, who earned 2 Nobel prizes, by Abhinaya Bharati, Dharwad, Mini Theatre, Kalamandira, Hunsur Road, **7 pm.**

EVENTS TOMORROW (JULY 7)

- **Sringeri Sri Shankar Mutt Abhinava Shankaralaya:** Ashada Friday special puja, Sankalpa for special pujas, Abhisheka, **8 am;** Sri Durga Homa, **8.30 am;** Poornahuti, **11.30 am;** Mahapuja, Mahamangalarati, distribution of Theertha Prasada, **12 noon;** Sri Vaishnavi Alankara; Vocal Music Concert by Vid. Rajath Sharma and Party, Shankar Mutt premises, Fort Mohalla, **7 pm.**
- **Department of Psychology, Christ College, Mysuru:** Psyquest - A one-day National-level Workshop on 'Healthy Mind for Young Adults,' Dr. K.V. Kishore Kumar, Director, The Banyan, Chennai, Consultant Psychiatrist, resource person, Rev. Dr. Jinto Jose, Principal, Christ College, presides, Christ College, H.D. Kote Road, **9.30 am.**
- **Akhila Bharata Sharana Sahitya Parishat, Mysuru City Unit and Sri Nataraja Women's PU College, Mysuru:** Endowment Programme, Adhunika Vachana Kavigoshti, Sri Chidananda Swamiji of Sri Hosmutt graces the occasion, Journalist Amshi Prasannakumar inaugurates, Sri Nataraja Pratishtana Special Officer Dr. S. Shivarajappa distributes prizes, Sharana Sahitya Parishat-Mysuru City Unit President M.G. Sadanandaiah presides, Sri Nataraja auditorium, Sri Hosmutt, **10.30 am.**
- **Department of Kannada and Department of History, St. Philomena's College, Mysuru:**

Platinum Jubilee Special Lecture Series, guest lecture on 'Indian Languages - Its History and Present' by **Prof. Purushottama Bilimale,** Professor Emeritus, Jawaharlal Nehru University, New Delhi, Dr. Ravi J.D. Saldanha, Principal, St. Philomena's College, presides, College Conference Hall, **1.30 pm.**
- **Srikrishna Trust Chaturmasya Samiti:** Pejawar Adhokshaja Mutt Seer Sri Vishwaprasanna Teertha Swamiji's 36th Chaturmasya Vrata, Bhajans, Bhagavata discourse, Ramayana discourse and cultural programmes, Srikrishnadhama, Saraswathipuram, **5 pm to 8 pm.** [Mob: 94482-71837 or 99452-30501]
- **Sacred Heart Church, Yadavagiri:** Annual Feast, Rosary, Holy Mass by Rev. Fr. T. Baros, Director, St. Joseph's Nursing College, Mysuru, **5.40 pm.**
- **Ganabharathi:** Kannada Kavya Ranjani, a music concert by Vidu. Medha Manjunath and Vid. Aanoor Phaneendra Sharma, accompanied by Vidu. C.V. Shruthi on violin, Vid. Sai Shivu on mridanga and Vid. Raghunandan V. Rao on ghata, Veene Seshanna Bhavana, Adichunchanagiri Road, Kuvempunagar, **6 pm.**
- **District Kannada Sahitya Parishat, Mysuru and Kannada PG Department, University Evening College, Mysuru:** Nadoja Prof. Dejagow's Birth Anniversary celebrations, poetess Dr. Latha Rajashekar inaugurates, District Kannada Sahitya Parishat Mysuru President Maddikere Gopal distributes prizes, University Evening College Principal Prof. H. Somashekarappa presides, folk singer Amma Ramachandra special invitee, Room No. 20, University Evening College, **6 pm.**
- **Parivartana Ranga Samaja, Kalasuruchi and Arivu Educational and Cultural Trust, Karnataka Science and Technology Academy (KSTA) and Kutuhali, Mysuru:** 'KSTA-Kutuhali Mysuru Science Theatre Festival 2023,' staging of play 'Salim Ali - Bird Man of India' — based on life and work of renowned ornithologist, Salim Ali — by Arivu Ranga, Mysuru, Mini Theatre, Kalamandira premises, Hunsur Road, **7 pm.** [Mob: 99012-25074]

INOX LIVE the MOVIE

Mall of Mysore - Mob. : 7829999465

Satyaprem Ki Katha (H)	(S-1)	9.20 am, 12.30 pm, 3.40 pm 6.50 pm, 10.00 pm
Indiana Jones & Dial of Destiny (E)	(S-2)	9.50 am, 7.10 pm, 10.30 pm
	(S-3)	12.45 pm
Spy (Te)	(S-2)	1.10 pm
	(S-3)	9.50 am, 10.20 pm
Maamannan (Ta)	(S-3)	7.00 pm
	(S-4)	10.50 am, 2.10 pm
Samajavaragamana!! (Te)	(S-2)	4.10 pm; (S-4) 9.30 pm
Circus (Tulu)	(S-4)	6.10 pm
Bengaluru Boys (K)	(S-3)	4.00 pm
Trailer Screening Show	(S-4)	5.30 pm

INOX Centro Mysore - Mob. : 9606976757

Satyaprem Ki Katha (H)	(S-2)	9.50 am, 1.00 pm, 4.10 pm 7.20 pm, 10.30 pm
Indiana Jones & Dial of Destiny (E)	(S-3)	9.00 am, 12.20 pm, 6.40 pm, 10.00 pm
Spy (Te)	(S-1)	9.45 am, 7.15 pm
	(S-3)	3.40 pm
Maamanan (Ta)	(S-1)	12.35 pm, 3.55, 10.10 pm
90 Bidi Maneg Nadi (K)	(S-4)	10.45 am
Dhoomam (K)	(S-4)	1.10 pm
Naanu Kusuma (K)	(S-4)	4.55 pm
Bengaluru Boys (K)	(S-4)	7.20 pm
Madura Manohara Moham (Ma)	(S-4)	10.20 pm
Trailers Screening Show	(S-4)	4.15 pm

NOTE: Movie timings published here are subject to sudden change by the theatre managements. The films are also liable to be changed in multiplexes if there are no minimum audience of 15.

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